

SI INFORMER

AORN Of So IL, CHAPTER 1402 Issue No. 13 Date: January 10, 2004

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President's Message

Happy New Year!

Well it's the New Year, 2004!

We had a great 2003, lets go for an even greater 2004! We ended the year with a wonderful evening at Pam Appleton's house for our Christmas social. Food and drinks were great-including our entertainment. Our evening ended with our delicious cookie exchange. Thanks to Pam for being our hostess.

It's time to register for Congress. Anyone interested or needing a registration form may contact myself or any of the board members. AORN Congress is being held in San Diego California this year. It should be a great place to visit. Congress is always a great time and an opportunity for getting continuing education, also meeting new people and finding out how other ORs function. This year Congress is March 20 to 27th, 2004.

Our January meeting will be at Good Samaritan Hospital on January 22, at 6:30 PM, in Conference room I, 2nd floor. We will have a speaker , Christinea Ginder CRNA, speaking on Malignant Hyperthermia. **1.2** contact hours will be awarded to those who attend.

"Contact hours for this continuing nursing education activity have been applied for through the Association of Perioperative Registered Nurses, Inc., an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation."

ABOUT OUR SPEAKER

Christinea L. Ginder,CRNA

will be our speaker for meeting night January 22, 2004. She will be speaking on “ **Malignant Hyperthermia: Are you Hot or Not**”. Christinea is a Certified Registered Nurse Anesthetist from Fairfield, Illinois. She is employed at Fairfield Memorial Hospital. She has been practicing as a CRNA for 5 years. Delivering general anesthesia, regional anesthesia, and obstetrical anesthesia in a hospital setting. She has been a member of the Malignant Hyperthermia Association of the United States and has presented in-services for her current employing facility over the past few years.

Christinea graduated from Vincennes University, Vincennes, Indiana with an Associates Degree in Nursing, in 1979. She graduated in 1996, with a BSN, and in 1998 with a MSN/Nurse Anesthesia from SIU Edwardsville.

REMINDERS!!!!!!!

Calendar of events

AORN Chapter 1402 monthly meeting:

January Chapter meeting:

January 22, 2004 at Good Samaritan Hospital Mt. Vernon, IL. Speaker -Christinea Ginder CRNA. Topic “Malignant Hyperthermia”. **1.2 contact hours** to those who attend.

Spring Seminar: May 8, 2004. Sponsored by Chapter 1402, Belleville Chapter , and Central II, Central Service Tech Association..

National Events:

March 21-25, 2004: AORN Congress 2004 @ San Diego ,Ca.

July 2004: 7-16-04 @004 Focus on Leadership: Celebrating Our Value, Denver CO

September 2004: 9-10-04 Ambulatory Multispecialty Conference, Columbus OH

Other educational events:

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Halverson-carpenter@aorn.org

Check-out any of these events on-line @ www.aorn.org

Check out our chapter web site online @ www.aorn.org go to chapter page.

Favorite Recipe's of the Month:

Monkey Bread

1 c. pecan pieces ¼ c.margarine, melted

1 pkg. Frozen bread rolls ½ c. brown sugar

1(3.4oz)pkg. Butterscotch ¼ tsp. Cinnamon

Instant pudding

Spray angel food cake pan with Pam. Cover bottom of pan with pecans. Place bread balls over pecans and spray with Pam. Sprinkle pudding mix over bread. Mix margarine , brown sugar, and cinnamon together. Pour over bread. Let stand overnight., covered with towel. Bake 25 minutes at 350 degrees.

Cranberry Tea

1 pkg whole cranberries 1 Sm pkg Red Hots

1 frozen can orange juice 1 to 2 cups sugar

Wash cranberries, the cover with water in pot, bring to a boil. Simmer cranberries till they seem munchies. Then drain juice into ½ gallon pitcher. Add red hots -stir until mostly melted. Add frozen orange juice-stir until mixed. Add water to top . Add sugar to taste (1 to 2 cups). Stir. Serve over ice. Makes a great drink to serve with a meal especially holidays. (serve in wine glasses).

Doris Meadows

If anyone has any delicious recipes you would like to share, e-mail them to me at meadowsd@ussonet.net and I will publish them in the next newsletter.

A little girl had just finished her first week of school. "I'm wasting my time," she said to her mother. "I can't read. I can't write--and they won't let me talk!"

Q. How does an Indian repair a hole in his teepee?

A. With an Apache.

Q. What is the difference between a sewing machine and a woman jogger?

A. A sewing machine only has one bobbin'

Mother had bought father a new tie for his birthday. "I wonder what would go best with it," she asked, after he had opened the package.

Father eyed the violet-colored horror, and exclaimed, "A beard."